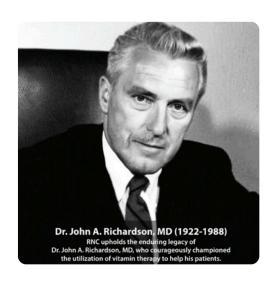


## Certified Dr. Richardson Protocol 2024 and 1977 Versions



## Certified Dr. Richardson Protocol (updated 2024)

While the use of Laetrile has been known to be effective on its own, far better results are usually obtained with supplemental therapy as well. The following protocol was created by Dr. John A. Richardson in 1977 and used successfully by thousands of his patients. We have gently updated and condensed the original protocol below to include treatment items that are available as of 2024. The original protocol from 1977 is included on the following pages for your reference.

- Eat plenty of raw vegetables or steam them to sufficiently make them tolerable or edible
- Eat any or all fish as fresh as possible and lightly cooked in the absence of animal fats
- Eat skinless poultry and avoid all other meats and dairy products entirely
- Drink plenty of fresh water and fresh fruit juices
- Vitamin C: 1,500 mg-5,000 mg
- Vitamin E (D-alpha tocopherol): 800-1,200 IU Vitamin B17 (Laetrile): 500 mg capsule,
  1-6 capsules per day. If higher doses of B17 are desired, speak with your healthcare provider. Send inquiries about IV B17 Laetrile to contact@RNCstore.com
- Vitamin B15 (Pangamic Acid): 500 mg capsule, 1-3 capsules per day
- Pancreatic Enzyme supplementation (Pro Enzymes): 1-6 capsules per day
- Avoid tobacco, alcohol, coffee, sedatives, tranquilizers, and analgesics
- Get plenty of rest and as much exercise as possible
- Remove refined sugar completely

## LAETRILE CASE HISTORIES: The Richardson Cancer Clinic Experience Original 1977 Protocol from Dr. John A. Richardson, MD (pages 116-117)

The details of each patient's treatment at the Richardson Clinic have not been spelled out because, in general, metabolic therapy is fairly standardized. Rather than repeat a listing of each vitamin, mineral, and other supplement as a part of every case history, they will be summarized below:

- 1. **THE DIET**—principally fresh fruits, vegetables, seeds, nuts, and grains. All animal protein, including dairy products, is excluded.
- 2. **TOBACCO**, **ALCOHOL**, and **COFFEE** are not to be used.

## 3. LAETRILE (Vitamin B17) INJECTIONS—

SCHEDULE	INJECTIONS	AMOUNT	FREQUENCY
First	I.V.	6-9 gms.	1 per day
Month		or more	for 20 days
Second	I.V.	3 gms.	3 per week
Month	or I.M.		for 4 weeks
Third	I.V.	3 gms.	2 per week
Month	or I.M.		for 4 weeks
Fourth to Eighteenth Month	I.V. or I.M.	3 gms.	1 per week for 1 to 1½ years or longer

- 4. **LAETRILE** (Vitamin B17) TABLETS—one to four 500 mg. tablets are taken on the days the patient is not receiving an injection of Laetrile. Two tablets per day is the usual dosage during the first year. Most patients will continue taking tablets for the rest of their lives. Some will use 100 mg. tablets and supplement with apricot kernels. The kernels must be taken at a different time during the day than the Laetrile tablets.
- 5. **PANCREATIC ENZYME TABLETS**—two to four tablets, four times daily.

- 6. VITAMIN B15 (PANGAMIC ACID)—50 mg. three times daily.
- 7. **VITAMIN C**—750 mg. to 2,000 mg. daily.
- 8. **AMINO ACID TABLETS (Ag/Pro)**—three to nine tablets daily to compensate for reduced intake of animal protein.
- 9. **CHELATED MINERALS**—dosage dependent upon the type and extent of deficiency revealed by hair analysis.
- 10. THERAPEUTIC VITAMINS AND MINERALS (Supergran)—one or two capsules daily.
- 11. **VITAMIN E**—800 I.U. to 1,200 I.U. daily.
- 12. **LIQUID PROTEIN**—two to four tablespoons daily. This protein is in a "predigested" form providing basic amino acids that do not require the action of pancreas enzymes for their use by the body. (This is used by those patients who are not taking Ag/Pro tablets.)
- 13. **ADDITIONAL VITAMINS AND MINERALS**—to be recommended where necessary in special cases.

The Richardson Clinic's metabolic regimen is by its very nature humane. It reflects the philosophy of Hippocrates, the Father of Medicine, who taught his students, "First do no harm."